

AVOID MOSQUITOES

PROTECT YOURSELF AND YOUR FAMILY

-  **Wear long, loose and light-colored clothing.**
-  **If possible, stay indoors when mosquitoes are biting.**
-  **Use insect repellent products with no more than 20-30 percent DEET for adults and less than 10 percent for children. Adults should apply repellent on children.**
-  **Spray repellent on your hands and then apply to your face.**
-  **Only apply repellent to exposed skin and clothing. Do not use repellent under clothing.**
-  **Do not apply repellent over cuts, wounds, sunburn, or irritated skin.**
-  **Wash repellent off daily and reapply as needed.**

CONTROL MOSQUITOES FROM BREEDING

-  **Turn over or remove containers in your yard where rainwater collects, such as old tires, potted plant trays, boats, buckets and toys.**
-  **Clean out birdbaths and wading pools once a week.**
-  **Clean roof gutters and downspout screens regularly.**
-  **Eliminate standing water on tarps and flat roofs.**
-  **Do not leave garbage can lids upside down or allow water to collect in your garbage can.**

**Mosquitoes may carry potentially dangerous viruses,
such as West Nile virus.**

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